

# YOUR GUIDE *to* FUN



## SCHEDULED ACTIVITIES

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	LOCATION (LEVEL)	NOTES
6:30 - 9:30						BANYAN TREE HIKE *	BANYAN TREE HIKE *	MEET AT CONCIERGE (HEAVEN)	* Register 24 hours in advance with Concierge, ext. 6203 Price varies.
6:30 - 10:30	SON TRA WILDLIFE EXPEDITION *	SON TRA WILDLIFE EXPEDITION *	SON TRA WILDLIFE EXPEDITION *	SON TRA WILDLIFE EXPEDITION *	SON TRA WILDLIFE EXPEDITION *	SON TRA WILDLIFE EXPEDITION *	SON TRA WILDLIFE EXPEDITION *		
7:30 - 8:30	YOGA FLOW	YOGA WHEEL STRETCH	YOGA FLOW	YOGA FLOW	YOGA FLOW	YOGA FLOW	YOGA WHEEL STRETCH	YOGA PAVILION (SEA)	Register before 17:00 previous evening with Concierge, ext. 6203
7:30 - 9:00	ECO WALK			ECO WALK	ECO WALK	ECO WALK	ECO WALK	MEET AT CONCIERGE (HEAVEN)	Register before 17:00 previous evening with Concierge, ext. 6203
8:30 - 9:30		RESORT NATURE TOUR	RESORT NATURE TOUR	RESORT NATURE TOUR	RESORT NATURE TOUR	RESORT NATURE TOUR			
9:30 - 10:30	RESORT NATURE TOUR			RESORT NATURE TOUR	RESORT NATURE TOUR	RESORT NATURE TOUR	RESORT NATURE TOUR		
10:30 - 11:30	AERIAL YOGA	AERIAL YOGA	AERIAL YOGA	AERIAL YOGA	AERIAL YOGA	AERIAL YOGA	AERIAL YOGA	YOGA PAVILION (SEA)	Register before 17:00 previous evening with Concierge, ext. 6203
10:30 - 11:30	DOCUMENTARY MOVIE	DOCUMENTARY MOVIE	DOCUMENTARY MOVIE	DOCUMENTARY MOVIE	DOCUMENTARY MOVIE	DOCUMENTARY MOVIE	DOCUMENTARY MOVIE	CINEMA AT THE SUMMIT (HEAVEN)	Register by 10:00 with Concierge, ext. 6203 or Planet Trekkers, ext. 6140
11:00 - 12:00				NATURE SKETCHING	NATURE SKETCHING	NATURE SKETCHING		MEET AT CONCIERGE (HEAVEN)	Register before 17:00 previous evening with Concierge, ext. 6203
12:15 - 13:00	GUA SHA FACIAL WORKSHOP	HEAD MASSAGE WORKSHOP	NECK & SHOULDER MASSAGE WORKSHOP	DIY BODY EXFOLIATION WORKSHOP	HANDS CARE WORKSHOP	FOOT MASSAGE WORKSHOP	DIY NAILS WORKSHOP	MON - THUR MI SOL SPA RECEPTION (SEA) FRI - SUN THE NAIL & HAIR STUDIO (SEA)	Register before 17:00 previous evening with Concierge, ext. 6203 or Mi Sol Spa, ext. 6904
13:00 - 14:00	SWIMMING LESSONS		SWIMMING LESSONS		SWIMMING LESSONS		SWIMMING LESSONS	GARDEN POOL (SEA)	Register by 10:00 with Concierge, ext. 6203
13:00 - 16:00	BOAT FISHING	SNORKELING / NET FISHING	BOAT FISHING	SNORKELING / NET FISHING	BOAT FISHING	SNORKELING / NET FISHING	BOAT FISHING	WATER SPORTS AREA (SEA)	* Register 4 hours in advance with Concierge, ext. 6203
13:00 - 16:00	LOCAL BOAT EXPERIENCE	LOCAL BOAT EXPERIENCE	LOCAL BOAT EXPERIENCE	LOCAL BOAT EXPERIENCE	LOCAL BOAT EXPERIENCE	LOCAL BOAT EXPERIENCE	LOCAL BOAT EXPERIENCE		
13:15 - 14:00	VIETNAMESE COFFEE TASTING *			VIETNAMESE COFFEE TASTING *	VIETNAMESE COFFEE TASTING *	VIETNAMESE COFFEE TASTING *		CITRON (HEAVEN)	Register before 17:00 previous evening with Concierge, ext. 6203, or Citron, ext. 6312 * VND 599,000++ per guest
13:30 - 14:30	PILATES FUSION	PILATES FUSION	PILATES FUSION	PILATES FUSION	PILATES FUSION	PILATES FUSION	PILATES FUSION	YOGA PAVILION (SEA)	Register before 17:00 previous evening with Concierge, ext. 6203
13:30 - 15:00	ANIMATED MOVIE	ANIMATED MOVIE	ANIMATED MOVIE	ANIMATED MOVIE	ANIMATED MOVIE	ANIMATED MOVIE	ANIMATED MOVIE	CINEMA AT THE SUMMIT (HEAVEN)	Register by 10:00 with Concierge, ext. 6203 or Planet Trekkers, ext. 6140
13:00 - 16:00	VIETNAMESE COOKING CLASS *	VIETNAMESE COOKING CLASS *	VIETNAMESE COOKING CLASS *	VIETNAMESE COOKING CLASS *	VIETNAMESE COOKING CLASS *	VIETNAMESE COOKING CLASS *		CITRON (HEAVEN)	Register before 17:00 previous evening with Concierge, ext. 6203, or Citron, ext. 6312 * VND 1,699,000++ per guest
14:00 - 15:00	COFFEE ART CLASS *	COFFEE ART CLASS *	COFFEE ART CLASS *	COFFEE ART CLASS *	COFFEE ART CLASS *	COFFEE ART CLASS *		CITRON (HEAVEN)	Register before 17:00 previous evening with Concierge, ext. 6203, or Citron, ext. 6312 * VND 399,000++ per guest
14:00 - 15:00	MOCKTAIL MAKING CLASS *	MOCKTAIL MAKING CLASS *	MOCKTAIL MAKING CLASS *	MOCKTAIL MAKING CLASS *	MOCKTAIL MAKING CLASS *	MOCKTAIL MAKING CLASS *	MOCKTAIL MAKING CLASS *	LONG BAR (SEA)	Kid-friendly. Register 4 hours in advance with Concierge, ext. 6203, or Long Bar, ext. 6318 * VND 559,000++ per guest
14:30 - 15:30	CANDLE MAKING CLASS *				CANDLE MAKING CLASS *			MI SOL SPA RECEPTION (SEA)	Register before 17:00 previous evening with Concierge, ext. 6203 or Mi Sol Spa, ext. 6904 * VND 499,000++ per guest, with 100g Candle takeaway
14:30 - 16:00		KIDS PIZZA MAKING CLASS *		KIDS PIZZA MAKING CLASS *			KIDS PIZZA MAKING CLASS *	TERRA MARE (SEA)	Register before 17:00 previous evening with Concierge, ext. 6203, or at Terra Mare * VND 999,000++ per guest
15:00 - 15:45	SOUND BATH MEDITATION		SOUND BATH MEDITATION		SOUND BATH MEDITATION		SOUND BATH MEDITATION	YOGA PAVILION (SEA)	Register before 17:00 previous evening with Concierge, ext. 6203
15:00 - 16:00		TAI CHI		TAI CHI		TAI CHI			
15:00 - 16:00	COCKTAIL MAKING CLASS *	COCKTAIL MAKING CLASS *	COCKTAIL MAKING CLASS *	COCKTAIL MAKING CLASS *	COCKTAIL MAKING CLASS *	COCKTAIL MAKING CLASS *	COCKTAIL MAKING CLASS *	LONG BAR (SEA)	Register 4 hours in advance with Concierge ext. 6203, or Long Bar, ext. 6318 * VND 999,000++ per guest
15:00 - 16:00	RESORT NATURE TOUR	RESORT NATURE TOUR	RESORT NATURE TOUR	RESORT NATURE TOUR	RESORT NATURE TOUR	RESORT NATURE TOUR	RESORT NATURE TOUR	MEET AT CONCIERGE (HEAVEN)	Register by 10:00 with Concierge, ext. 6203
15:15 - 16:00	COFFEE ART CLASS *	COFFEE ART CLASS *	COFFEE ART CLASS *	COFFEE ART CLASS *	COFFEE ART CLASS *	COFFEE ART CLASS *		CITRON (HEAVEN)	Register before 17:00 previous evening with Concierge, ext. 6203, or Citron, ext. 6312 * VND 399,000++ per guest
15:30 - 16:30		SAKE TASTING CLASS *		SAKE TASTING CLASS *		SAKE TASTING CLASS *		TINGARA (HEAVEN)	Register before 17:00 previous evening with Concierge, ext. 6203, maximum 4 pax / day * VND 1,499,000++ per guest
15:30 - 17:00	MOVIES FOR FAMILIES	MOVIES FOR FAMILIES	MOVIES FOR FAMILIES	MOVIES FOR FAMILIES	MOVIES FOR FAMILIES	MOVIES FOR FAMILIES	MOVIES FOR FAMILIES	CINEMA AT THE SUMMIT (HEAVEN)	Register by 10:00 with Concierge, ext. 6203 or Planet Trekkers, ext. 6140
15:30 - 18:30						BANYAN TREE HIKE *	BANYAN TREE HIKE *	MEET AT CONCIERGE (HEAVEN)	* Register 24 hours in advance with Concierge, ext. 6203 Price varies.
15:30 - 19:30	SON TRA WILDLIFE EXPEDITION *	SON TRA WILDLIFE EXPEDITION *	SON TRA WILDLIFE EXPEDITION *	SON TRA WILDLIFE EXPEDITION *	SON TRA WILDLIFE EXPEDITION *	SON TRA WILDLIFE EXPEDITION *	SON TRA WILDLIFE EXPEDITION *		
16:00 - 17:00	SOUVENIRS DE FRANCE WINE TASTING *		SOUVENIRS DE FRANCE WINE TASTING *		SOUVENIRS DE FRANCE WINE TASTING *			THE WINE CELLAR LA MAISON 1888 (EARTH)	Register before 17:00 previous evening with Concierge, ext. 6203, or La Maison, ext. 6321 maximum 8 pax / day. * VND 1,700,000++ per guest
16:00 - 17:00		RESORT NATURE TOUR	RESORT NATURE TOUR	RESORT NATURE TOUR	RESORT NATURE TOUR	RESORT NATURE TOUR	RESORT NATURE TOUR	MEET AT CONCIERGE (HEAVEN)	Register by 10:00 with Concierge, ext. 6203
16:30 - 17:30		SUNSET SAKE *	SUNSET SAKE *	SUNSET SAKE *	SUNSET SAKE *	SUNSET SAKE *	SUNSET SAKE *	TINGARA (HEAVEN)	Charge on consumption

Effective May 01, 2026. Schedule may change without notice

## DAILY ACTIVITIES

TIME	LOCATION	ACTIVITIES
7:00 - 19:00	LONG BAR	BILLIARDS, PING-PONG, FOOSBALL & MINI GOLF
8:00 - 17:00	AT THE BEACH	FOOTBALL, BADMINTON, VOLLEYBALL, PETANQUE, FRISBEE, BEACH TENNIS, KICK VOLLEYBALL, DARTS, KITE FLYING, ARCHERY & SLACKLINING
8:00 - 22:00	THE SPORTS CENTRE	PICKLEBALL, TENNIS, BASKETBALL   TENNIS & PICKLEBALL PARTNER OR LESSON ON REQUEST * 60-minute sessions. Book 6 hours in advance with Concierge, ext. 6203 Tennis/Pickleball partner or lesson: VND 1,299,000++ / hour
9:00 - 18:00	PLANET TREKKERS KIDS CLUB	KIDS GAMES & ACTIVITIES
9:00 - 17:30	WATER SPORTS AREA	PADDLEBOARDING, KAYAKING, TRANSPARENT KAYAKING, WINDSURFING, BODY BOARDING & SKIM BOARDING
11:00 - 22:00	1930'S ROOM, M ROUGE	NINTENDO Book 2 hours in advance with Concierge, ext. 6203
14:00 - 24:00	M ROUGE	KARAOKE - MUSICAL FUN WITH YOUR FRIENDS OR FAMILY IN ONE OF OUR PRIVATE KARAOKE ROOMS * 14:00 - 18:00 Complimentary   18:00 - 22:00 VND 2,399,000 ++ / 2 hours   22:00 onwards VND 3,599,000 ++ / 2 hours (Fee may be used as credit towards snacks and beverages)
UPON REQUEST	YOGA PAVILION	PRIVATE FREQUENCY YOGA *   PRIVATE BREATHWORK & SOUND HEALING SESSION *   PRIVATE AERIAL YOGA * For details & reservations, contact our Concierge, ext. 6203
UPON REQUEST	SOAR GYM / YOGA PAVILION	PRIVATE YOGA * For details & reservations, contact our Concierge, ext. 6203
UPON REQUEST	SOAR GYM / YOGA PAVILION	PRIVATE TAI CHI TRAINING * For details & reservations, contact our Concierge, ext. 6203

LOVE OUR DESIGN?  
TAKE THE TOUR!



Scan this code and head to the lobby to begin!

\* Activities marked with \* may involve a fee or have age requirements. Many are weather-dependent. For personalised guidance and reservations, please contact the Concierge at ext. 6203.