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INTERCONTINENTAL®  
DANANG SUN PENINSULA RESORT

## *A Haven of Wellbeing*

Nestled in a 39-hectare nature reserve, InterContinental Danang Sun Peninsula Resort allows guests to escape the outside world and unwind in paradise. Within this heavenly hideaway, wellness experts and world-class facilities promote holistic health, including physical fitness and mental wellbeing.

The Lagoon Spa transports travelers into a world of wellness, with eight treatment pavilions each equipped with an outdoor Jacuzzi and a steam room or sauna. Spa lovers seeking a fully immersive vacation can stay in a Spa Lagoon Retreat Villa, a secluded 260m<sup>2</sup> villa that embraces guests in a world of serenity, with spa facilities and views of the water and mountains.

As part of the resort's commitment to showcasing the skills of international experts, the Pedi:Mani:Cure Studio by Bastien Gonzalez is led by one of the world's most sought-after pedicurists. After first addressing skin and nail issues, Bastien's innovative treatment uses minuscule drills tipped with diamond dust and a polishing technique he learned from his grandmother to restore nails to a brilliant shine that glows with or without polish. The signature 60-minute "Bastien's Pedicure" combines a nail treatment, skin therapy and a massage from the toes to the knees, to relieve any lingering tension.





Energizing workouts can be enjoyed at the Soar Gym, which is open 24-7 and equipped with Life Fitness cardio equipment, machines and free weights, while complete rejuvenation can be achieved with the resort's complimentary tai chi and yoga classes, which are available daily, or private tai chi, yoga, Pilates, meditation and personal training sessions.

Few adventures can be more rewarding however, than a trek through the jungle to the resort's 800-year-old banyan tree. This 4.5km walk along a scenic coastal path, with panoramic views of the surrounding rainforest and shimmering sea, is sure to boost the body and mind.

Travel has the power of heal. With such an extensive selection of invigorating experiences to choose from, including sporting activities, cultural discoveries, wildlife workshops and more, InterContinental Danang Sun Peninsula Resort can help every guest to look and feel fantastic!

