

RECREATIONAL ACTIVITIES SCHEDULE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00AM-8:00AM	Basic Yoga Class	Basic Yoga Class	Basic Yoga Class	Basic Yoga Class	Basic Yoga Class	Basic Yoga Class	Basic Yoga Class
7:00AM-9:00AM	Trekking Trip		Trekking Trip		Trekking Trip		
9:30AM-11:00AM	Badminton	Petanque Metal Balls Game	Beach Volleyball		Badminton	Petanque Metal Balls Game	
10:00AM-4:00PM	Surfing	Lantern/Conical Hat Making Class (VND 315,000)	Surfing	Lantern/Conical Hat Making Class (VND 315,000)	Surfing	Lantern/Conical Hat Making Class (VND 315,000)	Lantern/Conical Hat Making Class (VND 315,000)
10:30AM-12:30PM	Movie	Movie	Movie	Movie	Movie	Movie	Movie
10:30AM-11:30AM			Foot Massage Workshop				
11:30AM-12:15AM		Mix'oil'ogy Workshop		Body Scrub Workshop			
1:30PM-3:30PM	Movie	Movie	Movie	Movie	Movie	Movie	Movie
2:00PM-11:00PM	M-Rouge Karaoke Lounge	M-Rouge Karaoke Lounge	M-Rouge Karaoke Lounge	M-Rouge Karaoke Lounge	M-Rouge Karaoke Lounge	M-Rouge Karaoke Lounge	M-Rouge Karaoke Lounge
2:00PM-3:00PM	Ping - Pong	Ping - Pong	Ping - Pong	Ping - Pong	Ping - Pong	Ping - Pong	Ping - Pong
2:00PM-4:00PM	Shore Fishing	Bodyboarding	Shore Fishing	Bodyboarding	Shore Fishing	Bodyboarding	Shore Fishing
2:00PM-5:00PM	Coffee Art Class (VND 399,000)	Coffee Art Class (VND 399,000)	Coffee Art Class (VND 399,000)	Coffee Art Class (VND 399,000)	Coffee Art Class (VND 399,000)	Coffee Art Class (VND 399,000)	Coffee Art Class (VND 399,000)
	Cooking Class (VND 1,800,000)	Cooking Class (VND 1,800,000)	Cooking Class (VND 1,800,000)	Cooking Class (VND 1,800,000)	Cooking Class (VND 1,800,000)	Cooking Class (VND 1,800,000)	
	The Art of Cocktail (VND 888,000)	The Art of Cocktail (VND 888,000)	The Art of Cocktail (VND 888,000)	The Art of Cocktail (VND 888,000)	The Art of Cocktail (VND 888,000)	The Art of Cocktail (VND 888,000)	The Art of Cocktail (VND 888,000)
3:00PM-5:00PM	Windsurfing	Tennis	Windsurfing	Tennis	Windsurfing	Tennis	Ping-Pong Competition
		Paddle boarding		Paddle boarding		Paddle boarding	Windsurfing
3:30PM-5:00PM			Wildlife Workshop		Wildlife Workshop		
4:00PM-5:00PM		Resort Tour		Resort Tour		Resort Tour	Resort Tour
4:00PM-5:00PM	Tai Chi Class	Tai Chi Class	Tai Chi Class	Tai Chi Class	Tai Chi Class	Tai Chi Class	Tai Chi Class
4:00PM-6:00PM	Movie	Movie	Movie	Movie	Movie	Movie	Movie
8:00PM-10:00PM	Movie	Movie	Movie	Movie	Movie	Movie	Movie

Location Key

The price is subject to 5% service charge and 10% prevailing government tax

- M-Rouge (Heaven)
- Beach (Sea)
- Pedi:Mani:Cure Studio
- The Summit (Heaven)
- Concierge (Heaven)
- Sport Center
- L_o_n_g Bar
- Citron(Heaven)
- Barefoot(Sea)
- HARNN Heritage Spa(Sea)

Activities are not permitted for kids under 6 years old. Children 6-12 years old must be accompanied by parents while joining the activities. We offer a range of indoor and outdoor activities for different weather conditions. Please book at least 5 hours in advance (24 hours for Cooking Class) with our Concierge team by dialling extension 6203.